

Medina County Office for Older Adults

February Programs

Friday February 5: Bingo 9:30

Friday February 5: Angina and Heart Attack Information, Noon

Monday February 8: H1N1 clinic 9-11am, craft room

Wednesday February 10: Bingo 10am

Thursday February 11: Legal Aid clinic, 9:30-11:30

Friday February 12: Bingo 9:30

Friday February 12: Valentine Party, with entertainment 11:30

Wednesday February 17: Craft project, 10am

Friday February 19: Bingo 9:30

Friday February 19: Gold Star Dog Training and Therapy Dogs

Monday February 22: Cholesterol Screening 10am

Wednesday February 24: Bingo 10am

Wednesday February 24: Movie "Julie and Julia" 12:15

Friday February 26: Bingo 10am

Friday February 26:

Free exercise every Monday and Wednesday at 10:30

Free Arthritis exercise, Tuesday and Thursday 10:30-11:30

Sewing Class every Monday 10-11:30

Line Dancing, Mondays at 1:00pm, \$3 per person

Pinochle and Canasta, Fridays at noon

Yoga every Monday, 10:00-11:00, \$2 per person

Tai Chi every Friday 2:00pm, First class is free

Serendipity every Tuesday 9:30-10:30

"The Car Doctor is In," Every Monday 10:00-11:00am

Bookmobile every Wednesday, in the parking lot; 10:15-10:45